



HEALTHY CRITTERS

MASSAGE THERAPY

KATHERINE POMPONI AND LYNN WOLF, CO-OWNERS
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GENERAL INFO

Massage has provided numerous benefits to humans for thousands of years. Benefits include a continued sense of overall wellbeing, increased relaxation and rejuvenation as well as enhanced athletic performance, injury prevention, and increased flexibility. Every system of the body benefits from massage.

Healthy Critters Massage Therapy, Inc. strives to provide these benefits and more to your pets. Dogs and cats of all ages, breeds, lifestyles and backgrounds can benefit from massage. Primarily utilizing the Bancroft Method of Small Animal Massage Techniques I™, we utilize Swedish massage techniques as well as acupressure and some energy healing to provide a non-invasive customized treatment to the soft tissues of the body.

Benefits of Small Animal Massage

- Overall sense of wellness and relaxation
- Strengthens immune system and can aid in early detection of abnormalities
- Builds trust and promotes bonding between owner and pet
- Decreases soreness, stiffness and muscle tension
- Increases circulation, ranges of motion and flexibility
- Reduces pain in chronic conditions
- Improves health of skin
- Eliminates toxins from the body
- Stimulates digestion

DISCLAIMER

Massage is a compliment to, not a substitute for veterinary care. Any known medical conditions require prior veterinary approval in order to provide the best overall care for your pet.

GENERAL INFO (CONT'D)

Who Benefits?

- 🐾 **Puppies/Kittens** – Starting massage in young animals provides positive reinforcement and bonding with humans as well as an overall sense of wellbeing and security.
- 🐾 **Adult/Seniors** – Massage continues to provide benefits through every stage of life. Utilizing massage as part of the animal's health maintenance program strengthens the immune systems and provides pain reduction in chronic conditions such as arthritis and joint stiffness.
- 🐾 **Sporting & Working Animals** – Just as massage provides benefits to human athletes, the same can be said for their pets. Increasing circulation, range of motion, and flexibility will increase the performance of the canine athlete as well as reduce the possibility for injury. In changing the rhythm and massage strokes utilized, massage can help to warm the animal up in preparation of the sport or aid in muscles relaxation as well as recovery after the event.
- 🐾 **Injury/Recovery** – In conjunction with veterinary care, massage can aid in recovery from injury by increasing overall circulation and providing pain management. By avoiding local massage near the ailment or area(s) of contraindication, massage to rest of the body will benefit the animal as a whole and aid in the healing process.

SERVICES

In-home Services: We serve Boston, Boston metro-west, as well as Southern NH.

- * \$30 per half-hour session*
- * New Customer Tri-pack - 3 half-hour sessions for \$60
- * Ten-Pack - 10 half-hour sessions for \$250

*Initial session may last 45 minutes – 1 hour for initial consultation, animal history, etc.

Seminars: We can provide tailored seminars to rescue groups, breed organizations, as well as athletic groups. Contact us for seminar pricing.

Pampered Pet Parties: We can provide massage services to groups of dogs in a social party environment. Contact us for party pricing.

Referral Program: Refer a new customer to Healthy Critters and receive next massage session free!

Gift certificates available.

For additional information and pricing, contact us at info@hcmt06.com or 978-204-5719 / 617-797-6738.

ABOUT US

Katherine Pomponi and Lynn Wolf are Certified Small Animal Practitioners and graduates of the Bancroft School of Massage Therapy's Small Animal Massage Program. The program is a 200 hour accredited program that emphasizes anatomy, animal behavior, first aid and advanced massage techniques to provide quality treatment to small animals.

Katherine and Lynn are also MBA graduates of Babson and Bentley Colleges and have worked in high-tech start-up companies. Combining their business know-how with their life long passion for animals, they aim to provide their four-footed clients and owners with a professional and positive experience.

Katherine and Lynn are members of IAAMB (International Association of Animal Massage and Bodywork).

Healthy Critters is proud to provide charity massage to Kitty Angels and Save A Dog no-kill animal shelters.

TESTIMONIALS

"All the dogs were very calm afterwards (post-massage). I noticed the behaviors even to the next day and some of the high energy ones (dogs) calmed down quite a bit. The dogs were very quiet that night. There was no barking."

Shirley Moore, Founder – Save A Dog

"We were thrilled with the results. The positive changes in the cats were unmistakable. We truly feel that it helped the cats find homes making them more relaxed. Lynn and Katherine approach each individual cat with a plan specific to that cat's needs."

Joan Abbot, President – Kitty Angels

"When Katherine showed up at our door to give our two dogs massages, they were overjoyed! They recognized immediately that this was the woman that brought them euphoria each week. While getting massaged, one only needed to look in to their faces to understand the pleasure and relief they were experiencing. After each massage, the dogs seem more at ease and relaxed, and my older dog who is 11 seemed a bit more limber as the number of massages he received increased through time. I would recommend this service to anyone who loves their pets. It is the least we can do to return the pleasure that they provide to us, and if it relieves many of the aches and pains they cannot tell us about, that is even better."

Britain Davis – Lexington, MA